

**Too much mental exercise and  
not enough physical activity?!**

**FREE!**

**COLLEGE  
&  
ALUMNI  
NIGHT**

CAF0209

**MONDAYS 9:00-10:30 PM**

Enjoy a study break and stay in  
shape at the same time at our

**Arizona Heat Elite**

**College & Alumni Night.**

Tumble, stunt, stretch, and work-  
out in a fun and safe environment.

Relieve your study or work stress  
and connect with other friends and  
athletes as you learn new skills or  
perfect old ones. Our 16,000 sq. ft.

facility is fully air-conditioned, and  
has two full-size spring floors, a  
tumble track, and additional  
tumbling floors. So put away those

late night munchies and hit the  
gym instead at

**Arizona Heat Elite!**

**Arizona Heat Elite  
Cheer Training Center**

1830 E. Baseline Road  
Suite 108  
Mesa, AZ 85204

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*Arizona*  
**HEAT**  
ELITE CHEER TRAINING CENTER

[www.arizonaheat.org](http://www.arizonaheat.org)